



MARVELOUS MOLAS AFTERNOON WORKSHOP

October 15, 2022

Supply List

IMPORTANT: If you buy a kit, you must still bring all the supplies underlined on the list below.

- **Fabric:** **Four to five 8” squares of fabric in various colors of your choice:** Some of the Mola motifs for the class will require four colors and some five, having five will provide the option of choosing any of the available choices. Solids work best although subtle textures that read as a solid will also be suitable. Vibrant folk art colors will give the most authentic results. Fabric should be woven cotton with a fine, tight weave. Loosely woven fabrics will fray excessively and thick fabrics will be too bulky with the number of layers Molas require.
- **Thread:** For hand appliqué, choose 100% cotton or silk in colors to match your fabrics; for the machine method the threads should be close in color to the fabrics but not match exactly and you will want some nice contrasting colors that will add design elements to your Mola. You may also need a light and a dark neutral thread for your bobbin for the machine method.
- **Embroidery scissors:** To cut your reverse appliqué. **These are absolutely necessary!** Bring small-jawed, sharp pointed embroidery scissors like the stork scissors not regular sewing shears or appliqué scissors.
- **Seam ripper:** This tool is also **absolutely necessary** for this technique, make sure yours is sharp.
- **Standard drawing pencil**
- **Sewing pins:** For hand appliqué, the small appliqué pins are preferable to the standard quilting pins, for the precise, intricate designs. For the machine method, standard quilting or sewing pins will be fine.

- **Hand appliqué or Milliners' needles size 10 or 11 (FOR HAND Appliqué ONLY).**
- **Sewing Machine:** With extra bobbins and a free-motion stitching foot – stitching can be carried out with a regular piecing foot but that is a slower painstaking process, a free-motion foot makes this technique faster (**FOR THE MACHINE METHOD ONLY**).
- **One clear plastic sheet protector (FOR HAND Appliqué ONLY)**
- **“Sharpie” brand black marker:** The fine point **not** the ultra-fine (**FOR HAND Appliqué ONLY**)
- **White quilters' pencil**
- **Saral paper or Dressmakers' carbon paper (white) (FOR HAND Appliqué ONLY)**
- **Portable light and/or magnifier:** Good lighting is essential for handwork and the lighting in classroom environments isn't always up to the task. It can be helpful to have additional, focused lighting in the form of an Ott type lamp or the LED type that hangs around your neck, Some lights come with an attached magnifier lens, this too can be useful.
- **Handout and One Design of choice:** provided in class. **NOTE:** Due to variations of the methods, the design options for the hand appliqué method will vary a little from the machine appliqué version. Students will receive one free design of choice with the class, additional design sheets can be purchased for a nominal fee. Designs shown are only some of those that will be available. The class projects are for completing the Mola center only, not for the borders.

OPTIONAL KITS (\$28 each, pay Helene Knott during class: credit, check, cash):

Kit includes five pieces of fabric, 5 spools of thread for hand appliqué and/or machine stitching, plus a sheet protector and Saral® paper (for hand appliqué) **or** a pre-printed foundation (for machine technique).

Patterns are all similar in size (printed on 8 1/2" x 11" paper) so all the kit fabrics are similar in size. The hand patterns vary a little from the machine ones due to the processes involved.



Helene will bring stacks of fabric squares in a variety of colors and allow students to pick the combinations they like. Kit fee also includes choices of construction thread (Pre-wound bobbins) to match student fabric colors. The final satin stitching which becomes part of the final design (on the machine ones only, hand sewn Molas don't need satin stitching) gets done after the whole Mola is done so Helene leaves that thread up to the students to supply, since the colors will vary greatly depending on what students want to add.

Please be courteous to others by arriving for class with the correct supplies..
Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.